



Members' Newsletter March 2022

The newsletter returns and we hope that it finds you fit and well as Spring approaches.

A big thanks to Derek and his team as they have overcome many problems that Covid has thrown at us. In particular, the overhaul of the ventilation system in the Indoor Arena has meant a League programme and roll ups could take place.

AGM

31 brave souls attended the Club's AGM on Wednesday 16th February. President Kevin Doyland welcomed everyone in his own unique style. Chairman Derek then steered all through the Officer's Reports and the riveting Constitution changes. Fortunately the bar had been opened and serious unrest was avoided! The Officers of the Club, Management Committee and Captains were then duly elected without too much blood being spilt.

At the conclusion of the meeting re-elected President Kevin thanked everyone for coming and for expressing their opinions so freely. (Was this linked to the bar opening?)

For those dedicated followers of AGMs, the minutes will soon be displayed on the noticeboard and on the Club website.

INDOOR BOWLS LEAGUE (Up to 5th February 2022)

Please find below the Leagues' top 3 teams

<u>Sole Bay League</u>	P	W	L	PTS
Kessingland	10	8	2	46
Southwold	10	7	3	40
Reydon	9	5	4	32

<u>Aussie Pairs</u>	P	W	L	PTS
Melbourne	16	14	2	28
Northern Territories	15	12	3	24
Victoria	16	10	5	21

<u>Animal League</u>	P	W	L	PTS
Cheetahs	12	9	3	18
Emus	10	7	3	14
Squirrels	10	7	3	14

<u>Car League</u>	P	W	L	PTS
Mazda	16	13	3	26
Bugatti	17	9	8	18
Ford	17	8	9	16

<u>Football League</u>	P	W	L	PTS
Chelsea	15	13	2	26
Liverpool	15	11	4	22
Coventry	15	9	6	18

<u>Planet League</u>	P	W	L	PTS
Jupiter	4	4	0	16.5
Mercury	4	2	2	11
Pluto	4	2	2	10

A big thank you to Peter Wenham for collating and supplying these statistics.

WHITE CLUB SHIRTS

When playing at the Club recently, you may have noticed some members wearing white polo shirts with the Sole Bay Logo and their own names embroidered on them. It was thought that whilst personally your name is a very useful aide memoire, it might also be more friendly when playing other teams.

These personalised shirts cost £18.00 and can be ordered via a form next to the sample shirt displayed on the noticeboard.

CLUB HATS

In spite of turbulent times recently, the sun is expected to shine soon. Robert has now a limited number of Sole Bay Caps available at £7.50. These are fully adjustable and will fit all odd heads! Don't delay and miss out!

Outdoors 2022

For the 2022 season, we have once again entered

The Saxmundham League, Benacre League, and Sunshine league.

Ray Skitt is also inviting local Clubs to play friendly matches. It will be great to make use of our pavilion and enjoy the excellent hospitality (cakes!!) for which we have often been praised.

**Congratulations
SOLE BAY beat BECCLES**

Well done to all the Sole Bay players who beat Beccles B in the Indoor County League Match on Sunday. **Brilliant!**

Bowls

Bowls can be best defined as an endless series of magnificent tragedies ruined by the occasional miracle.

A Lawn Bowls Poem

On bowling days on various greens,
Peculiar sounds and sometimes screams,
To passers by it might sound strange,
To hear the remarks we bowlers exchange.

Where do you want it? Tickle it here,
To the unseen listener, this must sound queer,
You've too much weight, but a very nice green,
I like it, I like it, then a feminine scream.

You're not up dear. Try it again,
This bowling lingo to me is quite plain,
But the listeners can be excused if they giggle,
When the skip says I'd like one right up the middle.

SOLE BAY INDOOR PRESENTATION EVENING 6th May 2022

To round off the 2021/2022 Indoor Bowls Season a special Presentation evening will be held at The Randolph on Friday 6 May 2022.

A three course meal, prizes and a raffle.
Cost is £29.00. Menu choices to follow.

Note: the date has been changed since the earlier distribution of the news letter.

Norfolk v Suffolk

The Suffolk County Indoor Bowling Assn recently asked Sole Bay to provide a rink to play against Norfolk at the Norfolk IBC.

Messrs Block, Burley, Pipe and Coe were subsequently dispatched to Norwich where they made a slow start on a very fast green. From 11-5 down after 9 ends, some magical play saw our heroes run out winners 27-14 and also secured Top Rink.

Moderate Exercise for Over 70's Roll Ups are good!!

A study published by the journal Heart tracked about 3000 Italian adults over the age of 65 for more than 20 years. It found that just 20 minutes of fishing, bowls or dancing a day for the over 70's could ward off heart problems in later life.

Whilst many agreed the study showed movement is medicine" it was not clear that Roll Ups can improve your Italian conversation skills.

SOLE BAY ADULT/JUNIOR

3 BOWL PAIRS TOURNAMENT 26th March 2022

Sole Bay Bowls Club will once again be hosting the very popular Adult/Junior 3 Bowl Pairs Tournament on Saturday 26th March 2022.

Junior must be under 16 on the day. The Pair may be any combination of Male and Female.

Cash Prizes will be paid

Licensed Bar, Light refreshments and a Raffle. Entry forms are available at Club.

Heard on the Bowling Green?

The Skip, who had one bowl left, said to his Number 3

"Which is our closest Bowl?"

To which the number 3 replied

"The one that you are holding!"

Anything to say??

We are hoping to produce regular newsletters and would welcome contributions from any members. Please contact Colin Coe or email c.coe@btinternet.com

